



Tips to be a Finalist in this Year's Culinary Competition

Have your eye on the prize? Here are some tips that may help!

1. **Be original**—You don't have to be like everyone else. Consider adding a new twist to your favorite Main dish to complete your plate.
2. **Be creative**—A student once submitted a recipe for "dill cookies!" It sounds terrible, but they were great! Don't try to be too weird, but we love to see different recipes!
3. **Don't do recipes that are too easy or too complicated.**
4. **This doesn't** have to be your own, original recipe. You can get them off the Internet or anywhere but try to alter it slightly to make it your own!
5. SORRY, only **ONE** person can make each recipe at the competition.
6. We are looking for you to **COMPLETE THE PLATE WITH YOUR FAVORITE MAIN DISH.**
7. At the main competition, judges will consider the following 7 criteria:
 - Taste
 - Originality
 - Ease of Preparation
 - Healthy Attributes
 - Kid Appeal
 - Plate Presentation
 - Student Chef Presentation to JudgesHelpful Hint: When you present your recipe, include your name, the title of your recipe, a description of how you made it flavorful, and any steps you may have taken to minimize food waste.

GOOD LUCK & HAVE FUN!!!!